### What is TMS Therapy?

The first non-invasive depression treatment approved by Food and Drug Authorisation (FDA) in USA.

We recommend this treatment for patients when other depression treatments have been ineffective.

# **How TMS Therapy Works?**

TMS Therapy works by generating magnetic pulses distributed to the areas of the brain that affect your mood. These pulses stimulate the neurotransmitters that are found to be underactive in people suffering with depression. Once the areas are stimulated symptoms of depression subside. It is noted in the Harvard Health Publishing 2020: 50 - 60% of patients treated by TMS have a positive result, with a staggering 1/3 of these patients who make a full recovery from depression.

#### **★** For best results:

It is recommended to have 6 sessions per week, 28 sessions in total.



### Who it is for?

- You have a diagnosis of Major Depressive Disorder
- Traditional medications to treat depression haven't worked.
  Individuals have generally failed 2-4 medication trials before starting TMS.
- You're not satisfied with the results you get from your medication(s)
- You cannot tolerate the side effects of your medication(s)
- You have an illness that limits your ability to take medications for depression
- Your depression and anxiety symptoms interfere with your daily life

## How it is helpful?

It is a non-invasive and non-drug treatment. Patients are awake during their treatment and can go back to normal activities once the treatment is completed.

Its quick - Each session lasts for just 37 minutes.

